

Tips and Tricks for Hacking

HERE ARE 5 WAYS TO IMPROVE YOUR HACKING



1. HAVE STRUCTURE

Structure your hacks

- to be relaxing but also working. If you are on for an unwind, then mark a section for your horse to work – that way your horse doesn't immediately assume that a hack is for relaxing!
- have a plan for a working hack, and stick to it!

2. VARIETY IS THE SPICE OF LIFE

Range your hacks, keep variety in where you walk/trot/canter.

Horses remember things like when to canter, and if they're already strong, this will increase! Help yourself out!



3. BE SAFE



WEAR HI VIZ. BE AWARE, BE SAFE!

If you are on a horse that doesn't like traffic or vehicles. You have the right to request for the driver to stop or slow down. Be strong and determined with your rights.

Wave your hand, in a horizontal manner, and ask them to slow or stop.

THANK THEM WHEN YOU'VE PASSED

4. ACCEPT THE GATE CHALLENGE

There is always one gate that doesn't open from a horse or getting on is a complete faff. Train yourself and your horse to be good at standing at gates. Line your horse with the hinge end of the gate and use the gate as a mounting block. Persist, being able to stand is a good habit!



5. BE A MOVABLE FEAST



If it is raining, or windy, or icy or you just don't feel like hacking, just don't! Weather elements can have a massive effect on how well the ride goes so be wise to the weather!

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